



**100**  
elements

## valentine's day menu

\$35.00/person

### APPETIZER

**Cranberry, Fennel & Roasted Pear Salad**  
Toasted Pumpkin Seeds & Maple-Dijon Vinaigrette

### Entrée

**Red Wine-Braised Beef Short Ribs**  
Pomme Dauphine, Smoked Whipped Celeriac, Glazed Carrots & Green Beans

### TRIO OF DESSERTS

**Flourless Chocolate Cake, Salted Caramel Tart & White Chocolate Crème Brûlée**  
Compressed Strawberries & Vanilla Bean Quenelle

### OUR STORY

100 Elements was born out of a desire to serve the best regional foods, Canadian wines and beers, and seasonal fare. We believe food is more than just a meal... it is a culinary experience. Share your comments and rate us on Trip Advisor.

